

Where faith, fun, and fellowship meet!



2024 HYE CAMP

FACT SHEET



DIOCESE OF THE ARMENIAN CHURCH (EASTERN)

DEPARTMENT OF YOUTH AND YOUNG ADULT MINISTRIES



GETTING READY

Please review and discuss the following expectations with your child.

DO NOT BRING SNACKS.

Due to the rustic setting of camp and severe food allergies, all beverages, food, candy, and gum are not permitted on campus. All packages sent to participants during the camp session will be screened for prohibited items.

CLEAN THREADS ONLY.

Clothing not conducive to a Christian camp atmosphere -- including slogans, images, or words written on the backside of pants -- are not permitted to be worn during camp. Participants found wearing inappropriate clothing will be asked to change.

YOU BREAK, YOU BUY.

If there is damage to the property or buildings of the Camp Hickory from your child beyond normal wear or tear, the damage will be assessed by the Camp Hickory Facility Manager, and the cost of the damage will be the responsibility of the participant's family.

LABEL ALL YOUR ITEMS.

Things look alike. Camp is not responsible for any lost articles of clothing, accessories, or equipment. Please advise your child of their responsibility concerning their personal items. We have a Lost & Found box located in the dining hall, and we regularly hold up items from the box during mealtimes in hopes of finding their owners. All unclaimed items will be donated at the close of the camp season.

KEEP COOL AT THE POOL.

Respectful bathing suits are required for swim time. For females, this means one-piece bathing suits. For males, this means shorts-style swim trunks. If dressed inappropriately, participants will be asked to change.

COME UNPLUGGED.

Hye Camp cannot be responsible for lost or stolen items. Therefore, we strongly advise that all digital devices -- including iPods, iPads, phones, MP3 players, speakers, cameras, etc -- not be brought to camp. Furthermore, inappropriate music will not be tolerated.

PREFERRED PACKING.

Due to space in the participants' cabins, we ask that you use "duffle bag" style luggage so that they may be easily stored under your camper's bed. The cabins are usually full and thus have limited space, so please pack accordingly for your child's safety and comfort.

LEAVE THE CELL AT HOME.

Cell phones are not permitted at camp for campers. We prefer that cell phones are left at home. Any cell phones (including smartphones without a SIM card) that are brought to Hye Camp will be collected at registration and returned on the last day of the session. Campers will have the opportunity to call home at several designated times during the camp week.



DAILY SCHEDULE

This is a sample daily schedule; it is subject to change.

7:30 AM	Reveille
8:00 AM - 8:40 AM	Breakfast
8:45 AM - 9:15 AM	Chapel - Matins
9:15 AM - 9:45 AM	Cabin Clean Up & CIT Meeting
9:45 AM - 10:25 AM	Juniors Class 1 & Teen Sports
10:30 AM - 11:10 AM	Juniors Class 2 & Teen Sports/Swim
11:15 AM - 11:55 AM	Juniors Class 3 & Teen Swim
12:30 PM - 1:30 PM	Lunch
1:30 PM - 2:00 PM	Cabin Group Time & Staff Meeting
2:15 PM - 2:55 PM	Teens Class 1 & Juniors Sport
3:00 PM - 3:40 PM	Teens Class 2 & Juniors Sports/Swim
3:45 PM - 4:25 PM	Teens class 3 & Juniors Swim
4:30 PM - 5:45 PM	Cabin Group Time
5:45 PM - 6:45 PM	Dinner
6:45 PM - 7:15 PM	Prepare for Evening Activity
7:15 PM - 8:45 PM	Evening Program
8:45 PM - 9:15 PM	Snack and W-HYE News
9:15 PM - 9:30 PM	Chapel - Vespers
9:30 PM	Juniors (9-12) to Cabins
10:00 PM	Lights Out Juniors
10:30 PM	Teens (13-15) to Cabins
11:00 PM	Lights Out for Teens
12:00 PM	Lights Out for CITs
1:00 AM	Lights Out for Staff

MEDICAL INFORMATION

MEDICAL PACKET

The Standing Orders for the Administration of Medications Form (Form D) must be completed for each camper, indicating which medications, both prescription and over-the-counter, (e.g. calamine lotion, Bacitracin, Tylenol, Pepto Bismol, hydrocortisone cream, etc.) that each child's physician and parent authorize the Camp Nurse to administer. **We CANNOT administer any of the medications available in the Nurse's Station, including any medications specifically prescribed for your child, without specific authorization from both the camper's physician and parent.**

BRINGING MEDICATIONS

Please bring all required medicine in original containers, including prescription and over-the-counter medication. All medications must be turned into the nurse at registration and kept in the Nurse's Station. Illinois State regulations require all medications to be housed in the Nurse's Station. **Camper, CITs, and Staff may NOT keep any medication in their cabins.**

MENINGITIS VACCINATION

You will receive a Meningococcal Meningitis Vaccination Response Form within your Medical Packet, explaining this extremely rare yet dangerous disease. All campers must submit a completed Meningococcal Meningitis Vaccination Response Form in order to participate in the camp program. Please do not hesitate to contact our office if you have any questions or concerns regarding the medical forms.

IN CASE OF EMERGENCY

If an emergency arises while camp is in session, you may contact the Camp Administrator, Jennifer Morris, at **248-648-0702** or the Camp Director, the V. Rev. Fr. Aren Jebejian, at **773-457-4122**. If there is no answer, please leave a clear and detailed message indicating your child's full name, your name and phone number, and a specific message explaining the nature of your call. Your call will be returned as soon as possible.



PACKING LIST

Participants must bring enough clothes and towels for the full duration of their camp stay. This means packing for a 7-day trip, with enough extra clothing and towels just in case things get dirty. **We do NOT provide on-site laundry, so please pack accordingly!** Below are suggestions of how many items of each piece of clothing your camper should bring. Feel free to pack your child with travel detergent so they can wash anything in their bathroom sinks in case of emergency. To avoid losing your child's clothing, please mark all items in permanent ink or iron-on tags.

CLOTHING

- ☐ T-Shirts (12)
- ☐ Long-Sleeve Shirts (6)
- ☐ Warm Fleece or Jacket (2-3)
- ☐ Sweater/Sweatshirt (2-3)
- ☐ Shorts or Capris (10)
- ☐ Jeans (2-3)
- ☐ Sweatpants (2-3)
- ☐ Socks (12+)
- ☐ Underpants/Undershirts (12+)
- ☐ Pajamas (2 sets)
- ☐ Dress Clothing (2 outfits)
- ☐ Olympic Clothing (Red and Blue)

BEDDING & TOWELS

- ☐ Twin Sheets
- ☐ Pillow & Pillowcase
- ☐ Blanket or Sleeping Bag
- ☐ Bath Towel (2+)
- ☐ Face/Hand Towel (2+)
- ☐ Pool Towel (2+)
- ☐ Laundry Bag

NECESSITIES

- ☐ Rainwear (Boots, Umbrella, etc.)
- ☐ Bathing Suit (2+)
- ☐ Sneakers (2+)
- ☐ Flip-Flops for Pool/Shower (2+)
- ☐ Sunglasses
- ☐ Hat/Visor (2+)
- ☐ Flashlight & Batteries
- ☐ Reusable Water Bottle
- ☐ Shampoo & Conditioner
- ☐ Soap & Washcloth/Loofah
- ☐ Toothbrush & Toothpaste
- ☐ Comb or Brush
- ☐ Deodorant
- ☐ Sunscreen *
- ☐ Bug Repellent *

OPTIONAL ITEMS

- ☐ Stationary & Stamps
- ☐ Pre-Addressed Envelopes
- ☐ Sports Equipment**
- ☐ Old Blanket for Campfire
- ☐ Books
- ☐ Instruments
- ☐ Tissues
- ☐ Pens/Pencils
- ☐ Bible
- ☐ Notebook

* All sunscreen and bug repellent will be collected by camp staff and stored with staff members for the safety of participants, so please label your bottles.

** All sporting equipment will be provided. However, you may send your child with personal sports equipment. Make sure it is labeled with their name!

CAMP STARTS AT HOME

Here are some important things you can do to help acclimate your child to the camp experience before their arrival. Thank you for working with us to ensure your child has the best camp experience possible this summer at Hye Camp!



HYGIENE

Make sure that your child is accustomed to a hygiene routine that includes showering, brushing teeth, combing hair, changing clothes. Teach your child to sneeze and cough in their elbow, and to wash their hands often while at camp.

SPORTSWEAR

Closed-toed/athletic shoes are a requirement for all outdoor activities. This will help avoid slips, trips, and falls, which could cause injuries. Stress to your child the importance of wearing socks and closed-toed/athletic shoes to prevent a toe, foot, and/or ankle injury.

CLOTHING

Send enough clothes so your child can wear layers. Mornings can be chilly, and by the afternoon it will be hot. This enables your child to peel their layers off as the weather warms.

FATIGUE

Fatigue plays a part in injuries. Explain to your child that camp is not like a sleepover. Stress that they should NOT try to stay up all night and the need for getting a good night's rest.

SUNSCREEN

Don't forget to send sunscreen, and prepare your child for the habit of using sunscreen. Counselors will be supervising and assisting the campers while they are applying sunscreen.

HYDRATION

Staying hydrated is very important in the summer. We will have chilled water coolers throughout the campus. Your child should pack a reusable waterbottle, identified with a labeled name.

CIT + STAFF TRAINING

Camp Hickory
26202 WEST NIPPERSINK ROAD
INGLESIDE, IL 60041

CITs and Staff must arrive at camp for Training on **Wednesday, July 24** between **5:00 - 7:00 PM**. Registration will take place in the camp office. Please have all outstanding forms and tuition ready. A pizza dinner will be served at **7:00 PM** in the Main Lodge. Training will commence at **8:00 PM** in the chapel.

**WEDNESDAY,
JULY 24, 2024**
to
**SATURDAY,
JULY 27, 2024**



OPENING DAY SCHEDULE:

2:00 - 4:00 PM: Arrival and Registration
4:30 PM: Parent Departure & Camper Welcome
5:00 PM: Dinner for Campers, CITs, and Staff
6:00 PM: Camper Orientation

CAMPER REGISTRATION

PARENT ORIENTATION will take place on Zoom prior to the start of the camp season. We will email parents through ACTIVE with the date and time as we get closer to the summer.

CAMPER REGISTRATION will be held on **Saturday, July 27** from **2:00 - 4:00 PM**. We plan to hold our registration line outdoors, weather permitting. Please have your child ready with all outstanding forms, tuition, canteen money, cell phones, and medicines with them as they register. Once unpacked, campers will be under their counselors care, and parents can then leave the campus.

Photos and videos will be provided via SmugMug on a daily basis, so parents can view the highlights of the camp day and relive their child's camp experience at home!

Please plan to arrive at camp on **Saturday, August 3** at **9:00 AM** for an outdoor pick-up.

FOR YOUR INFORMATION

CAMP CURRICULUM:

The Department of Youth and Young Adult Ministries at the Diocese continues to provide a unique and enriching program to meet the growing educational and spiritual needs of our campers. The core curriculum consists of daily classes: Religion, Armenian Language & Heritage, and Arts & Crafts. In addition, participants are engaged in daily sports and swim.

TALENT SHOW:

There is a Talent Show every year at Hye Camp, where participants will have an opportunity to be in the spotlight and show off their gifts. Start planning now with any special talents you might be interested in sharing, such as dancing, singing, playing music, joke-telling, etc.

FRIDAY NIGHT DANCE:

Our Friday night activity is a camp-wide dance, featuring both Armenian and American music. Participants dress-up for a great night of fun to wrap up a great camp week!

TELEPHONE:

Hye Camp discourages and reserves the right to limit children from calling home while at camp unless there is an emergency. We want to teach our campers self-reliance and independence, and we want to eliminate homesickness as much as possible. This is difficult if campers are constantly calling home or receiving phone calls. Although we recognize the safety concerns associated with equipping your child/children with a cellular telephone, campers will not be allowed to use cellular phones at camp, as their presence disrupts the program. Any cell phone (or smartphone without a SIM card) found in the possession of a camper outside of designated cell phone office hours will be taken away and returned at the conclusion of camp. Please inform your child/children of this policy.

MAIL:

It means a lot to campers to receive a letter or postcard from home! We encourage you to write letters and send packages to your child. Letters help to uplift campers, whereas phone calls often intensify feelings of homesickness. Avoid using language like "We miss you!" or "Wish you were here!" Instead, tell them how proud you are of their independence and send lots of words of love!

Please remember that no food items should be included in care packages. You can write to your child at the address below:

Camp Hickory

ATTN: (Child's Name)
26202 WEST NIPPERSINK ROAD
INGLESIDE, IL 60041

CARE PACKAGE IDEAS:

- **Books**
- **Magazines**
- **Playing Cards**
- **Stuffed Animals**
- **Travel-Sized Games**
- **Art Supplies**
- **Stationary**



FREQUENTLY ASKED QUESTIONS

Curious about camp? Here are some of the most common questions our parents ask as they prepare their child for a positive summer camp experience:

WHAT DOES THE NURSE LOOK FOR DURING THE HEALTHCARE CHECK-IN?

As part of the registration process, each participant will check-in with a healthcare professional. During this time, a head-to-toe health evaluation will be performed. The participant's head, throat, skin, and feet will be checked for communicable diseases. The healthcare professional must give clearance to each participant prior to admittance to the camp program. If a communicable disease is identified (e.g., lice, strep throat, pink eye, etc.), then the participant may be asked to go home to be treated prior to admittance.

HOW MANY MEALS A DAY ARE OFFERED?

Hye Camp offers three nutritious meals a day, plus an evening snack. There is also an opportunity for campers to have a snack from the canteen once a day. On Sundays, we offer a big brunch after Divine Liturgy, along with dinner and an evening snack. Our food service is run by a professional cook and a very experienced staff.

WHAT MEDICAL CARE IS AVAILABLE ON SITE?

Hye Camp has a healthcare professional on site 24 hours a day, 7 days a week throughout the entire camp season. We are blessed with loving volunteers who serve as nurses, nurse practitioners, or doctors during the camp week. The camp nurse responds to all health-related needs of the camp. To ensure your child is given the best care possible, please be sure to fill out the Medical Packet properly and completely. In the event of an emergency, a walk-in clinic is 5 miles away and two hospitals are within 15 miles. In addition, Camp Hickory is in a 911 zone.

WHAT IS CANTEEN?

Canteen is held each afternoon and participants are able to pick a snack and a drink, if they want. In an effort to simplify the Canteen this year, we will be accepting donations on opening day. We will not be keeping track of how much each participant spends throughout the week or returning funds at the end of the camp week. In the past participants have spent \$10-\$20 per week. We thank you in advance for helping to offset our costs with your donations at registration..

FREQUENTLY ASKED QUESTIONS, CONT'D

WHAT IS YOUR STAFF SUPERVISION LIKE?

At all times, we have a 1:8 staff to camper ratio. All staff members are 18 years old or older. Counselor groups are assigned based on the age and gender of the campers. Each counselor group is assigned with both staff and CITs, who are always present with their campers at all activities and events throughout the day. In addition to our amazing staff members, who are often raised through the camp program themselves, we have incredible adult alumni and volunteers who come to camp to lend a helping hand to the program in many capacities.

WHAT TYPE OF TRAINING DOES YOUR STAFF RECEIVE?

Our staff arrive the week before camp commences and experience a mandatory 3-day training. During the training, our staff undergo sessions covering a wide array of topics, such as policies and procedures, emergency plans, bully prevention, physical and mental health and safety, behavior and discipline, daily programs schedules, Bible Studies, team building, and so much more! The staff also spend time preparing the campus for the arrival of campers and CITs. Through this comprehensive training, our faithful young adults become better equipped to meet the needs of our campers and CITs. Many of our staff are CPR and First Aid certified.

WHO SHOULD I CONTACT IN CASE OF AN EMERGENCY?

You may contact the Camp Administrator, Jennifer Morris, at **248-648-0702** or the Camp Director, the V. Rev. Fr. Aren Jebejian, at **773-457-4122**.

WHAT DO THE DAILY ACTIVITIES AND CLASSES LOOK LIKE?

Every day, the campers have a full daily schedule packed with fun and learning! On weekdays, they have classes in Armenian Language & Heritage, Arts & Crafts, and Religion, which are taught by our talented staff and visiting clergy. They also have a daily sports program run by the Athletics Director and a daily swim time supervised by the Aquatics Team of certified lifeguards. Our Programming Coordinator organizes an evening program every day. Our evening programs include game shows, scavenger hunts, talent shows, dances, campfires, Capture the Flag, outdoor movies, and so much more!

WHAT IS OLYMPICS?

During the camp week, the Athletics Director organizes a camp-wide Olympic competition, with various sports activities and games. Campers and CITs are split up into two teams, Red and Blue, and staff members act as referees. The teams compete in a number of fun (and often hilarious) activities/races so that one team may be crowned the victors!

WHAT SPIRITUAL FORMATION WILL MY CHILD RECEIVE AT CAMP?

Every morning, the entire camp attends Matins after breakfast. Every night, the entire camp attends Vespers after the evening program and snack. On Sunday, the entire camp celebrates the Divine Liturgy, and all participants receive Holy Communion. Hye Camp is blessed to have many clergy visitors who come and teach some of our classes. Our Primate, V. Rev. Fr. Mesrop Parsamyan, will visit the camp and have time to interact and speak with the campers, CITs, and Staff.