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# DAILY SCHEDULE

*Please note: Junior and Teen sports/swim and class schedule alternate each week. This is a sample daily schedule; it is subject to change.*

7:30 AM	Reveille
<b>8:00 AM - 8:40 AM</b>	<b>Breakfast</b>
8:40 AM - 9:00 AM	Chapel - Matins
9:00 AM - 9:15 AM	Flagpole
9:15 AM - 10:00 AM	Clean-Up
10:00 AM - 10:40 AM	Class One
10:45 AM - 11:25 AM	Class Two
11:30 AM - 12:10 PM	Class Three
12:10 PM - 12:30 PM	Free Time
<b>12:30 PM - 1:30 PM</b>	<b>Lunch</b>
1:30 PM - 2:30 PM	Group Time / Canteen
2:30 PM - 3:30 PM	Sports
3:45 PM - 4:45 PM	Swim
4:45 PM - 5:45 PM	Group Time
<b>5:45 PM - 6:45 PM</b>	<b>Dinner</b>
6:45 PM - 7:30 PM	Free Time
7:30 PM - 9:00 PM	Evening Program
9:00 PM - 9:15 PM	Chapel - Vespers
9:30 PM	In Dorms (Juniors)
10:00 PM	Lights Out (Juniors)
9:15 PM - 10:15 PM	Free Time (Teens)
10:30 PM	In Dorms (Teens)
11:00 PM	Lights Out (Teens)

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